



# Extra Virgin Olive Oil Eardrops

For softening and removal of ear wax.

**Please keep and read this leaflet carefully because it contains important information for you. Ask your pharmacist if you need any more information or advice.**

## How do they work? What are they for?

Ear wax is an oily substance produced to protect the eardrum. The amount of wax produced varies from person to person but a build up of earwax can lead to partial hearing loss.

Olive Oil is a natural lubricant which gently softens and helps remove ear wax.

## What is in the drops?

The drops contain only Extra Virgin Olive Oil; Superior category Olive Oil directly obtained from olives and solely by mechanical means. There are no other ingredients added.

## Check before you use this product:

### Do not use if:

- You are sensitive to Olive Oil.
- The ear is infected, bleeding, inflamed, or if the eardrum is ruptured.

- The dropper is broken or damaged (see below).

## Ask your doctor or pharmacist before use if you are:

- Using any other medication in your ear.

## How to use the drops

Olive Oil comes ready for use in a bottle with a separate dropper.

Before use, check that the dropper provided is not broken or damaged.

Your local pharmacy can provide a replacement if required.

### Adults, the elderly and children over

**1 year:** tilt head sideways with the affected ear facing upwards.

Avoid touching the ear with the dropper. Using the dropper place 2-3 drops of the oil at room temperature into the ear, then gently massage around the outside of the ear.

Never insert the dropper or any solid object into the ear.

Allow a few minutes for the drops to reach the eardrum by keeping the head tilted and repeat in the other ear if required. Then use a tissue to wipe away any surplus product that runs from the ear.

Use the drops twice a day for up to seven days.

Once opened, store the dropper in the bottle.

The doctor, nurse or specialist may give you other specific instructions for using the drops depending on the severity of your wax problem. You should follow the instructions given to ensure successful removal of wax.

If symptoms persist consult a doctor.

## Children under 5 years

Younger children should have their ear wax problem diagnosed by the doctor before treatment with Olive Oil commences.

Treatment of young children (under 5 years) should be under medical supervision of the doctor or nurse.

**Turn over** ↗

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### **Use in pregnancy**

Olive Oil can be used in the ear to soften wax during pregnancy and breast feeding.

### **Side Effects**

There are no known side effects when using Olive Oil but if drops cause irritation in the ear or you notice any side effects, stop using them and tell your doctor or pharmacist.

### **Storing the drops**

**Keep out of the reach and sight of children.**

Do not use the drops after the expiry date shown on the carton.

Discard the drops 28 days after first opening.

Store between 10°C to 25°C and away from light.

Do not freeze.

Take care if accidentally spilled, as floor surfaces will become slippery.

**Manufactured by:** Thornton & Ross Ltd.,  
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\* Product of Spain

